

What the Experts are Saying



Researcher **Dr. Robert O. Young, PhD** In his book, The pH Miracle says it this way: *“Those willing to look again, and with clear eyes, will be rewarded with the secrets to permanent health. We can heal ourselves by changing the environment inside our bodies. Potentially harmful invaders, then, will have nowhere to grow and will become harmless.”* *“The pH level of our internal fluids affects every cell in our bodies. In summary, over-acidification interferes with life itself leading to an unhealthy, and overly acidic environment inside the body. The most powerful program to reduce or eliminate these effects is to remove acid from the blood and tissues with an alkaline lifestyle and wise dietary and water consumption choices.”* *“If someone were to ask me, What is the one thing I can do to have better health? The answer would be very simple, Start drinking alkalized and ionized water!”*



Author **Dr. David S Dyer** *“Restructured alkaline water may well be the best element or supplement you can put in your body! Did you know the Japanese have researched this subject for over forty years and have found that drinking restructured alkaline water can relieve or reduce the three main causes for sickness, disease and pre-mature aging? Restructured alkaline water made using electrolysis has been consumed by the Japanese for over 40 years. I have been using this water for over 6 years and have seen healthy results when it is used persistently and consistently. The water is smooth, delicious, hydrating, energizing, permeating, pH balancing and a strong antioxidant. Does this sound like the water you should be drinking? I wish you all good health...”*



Author of Detox or Die, **Dr. Sherry Rogers** is a medical doctor in private practice for over a quarter of a century. Her specialty is finding the cause of illness and getting rid of symptoms that are undiagnosable. Sherry’s written books, scientific papers, and taught advanced courses to physicians learning these techniques. She’s lectured in 6 countries and over 50 US. cities, she has been interviewed on dozens of television shows, and radio programs as well as having written numerous magazine articles. *“Alkaline water rids the body of acid waste”*, Rogers believes that after carefully evaluating the results of her studies that toxicity in the form of acidic waste is the primary cause of many healthy problems.



Lifestyle Coach and author of Awaken The Giant Within **Tony Robbins**: *“Alkalize your body and live a healthier, more energized, and ultimately more fulfilling life. Our acid/alkaline balance is a baseline determinant of our physical health. When you break your old eating patterns, you will find yourself getting back to the real you, filled with the vitality and energy that you desire and deserve.”*



Author, Inventor, Movie Producer, PhD, Scientist, and Technologist **Ray Kurzweil** talks about alkaline and ionized water. There are more benefits to “alkaline water” than simply the alkalinity or pH. The most important feature of alkaline water produced by a water alkalizer is its oxidation reduction potential (ORP). Water with a high negative ORP is of particular value in its ability to neutralize oxygen free radicals. ORP can also be directly tested using an ORP sensor and meter. We have conducted these experiments as well. We found that water coming directly from the tap had an ORP of +290mV, while the water coming out of the water alkalizer had a negative ORP. The more negative the ORP of a substance (that is, the higher its negative ORP), the more likely it is to engage in chemical reactions that donate electrons. These electrons are immediately available to engage in reactions that neutralize positively charged free radicals. This is the key benefit of water produced by a water alkalizer that is not available by simply drinking water than has had some bicarb or other compounds dissolved in it to make it alkaline. Ionized Water has been written about and highly recommended in several top health books by independent, eminent authors that drink it. These include: Dr Ray Kurzweil and Dr Terry Grossman, who in their groundbreaking book Fantastic Voyage: Live Long Enough to Live Forever state that: *“Consuming the right type of water is vital to detoxifying the*

body's acidic waste products and is one of the most powerful health treatments available." "We recommended that you drink 8-10 glasses per day of this alkaline water. It is one of the simplest and most powerful things that you can do for your health." It is interesting to note that in Japan, professional sports teams drink alkaline water to improve their performance"



Author, The Acid Alkaline Balance Diet, Adjunct Professor, City College, New York **Felicia Drury Kliment** "After years of very positive continuous clinical experiment that I am conducting with hundreds of clients using electronically restructured alkaline water, it is my opinion that this technology will change the way in which all health providers and the public will approach their health in the coming years. My suggestion is to drink restructured alkaline water whenever possible."



Author, Alkalize or Die, **Dr. Theodore Baroody DC, ND, Ph.D., Dipl. Acu.** "I have administered over 5000 gallons of this water for about every health situation imaginable. I feel that restructured alkaline water can benefit everyone." "The countless names attached to illness do not really matter. What does matter is that they all come from the same root cause: too much tissue acid waste in the body." Dr. Baroody's book is a popular and easy to follow, very much worth reading.



Director of the Water Institute, Tokyo, **Dr. Hidemitsu Hayashi** "Bad diets such as meat and potatoes, fried foods, soft drink colas, and sugars build up acid salts in the body. Often these deposits, by having to be stored away from the blood flow, can remain in the body for decades. He recommends the consumption of ionized alkaline water, which will slowly and gently wash these salts away."



products it produces." "The main reason for this is our lifestyle. We, therefore, spend more time producing waste products than processing them."

Author, Reverse Aging, **Sang Whang** "Here is the simple process of aging. Every living cell within our body creates waste products. The nutrients from our food are delivered to each cell and they burn with oxygen to provide energy for us to live. The burned nutrients are the waste products. The food that is either good or bad for you is determined by the amount and quality of the wastes produced: toxic, acid, alkaline, etc. Most of our cells go through metabolism and old dead cells become waste products." "These waste products must be discharged from our body. In fact, our body tries its best to dispose of them through urine and perspiration. Virtually all waste products are acidic; that is why urine is acidic and the skin surface is also acidic. The problem is that, due to several reasons, our body cannot get rid of 100% of the waste



University lecturer and author of The Chemistry Of Success **Dr. Susan Lark, M.D.** "Peak performance and optimal health depend on the body's ability to maintain a slightly alkaline state in virtually all of our cells and tissues... Drinking four to six glasses of alkaline water a day will help to neutralize over acidity and over time will help to restore your buffering ability. Alkaline water should be used when conditions of over acidity develop. Like vitamins C, E and Beta Carotene, alkaline water acts as an antioxidant because of its excess supply of free electrons."



Noted author, health and diet expert **Dr. Robert Atkins** *“The cells and fluids in most people’s bodies...are overly acidic. This can cause a lot of health problems. It prevents your body from neutralizing and disposing of harmful, poisonous toxins and leaves you more susceptible to the cell-damaging free radical oxidation that can lead to poor health.”*



Anti-aging expert and author of Grow Youthful **David Niven Miller** *“Increasing your consumption of good quality tap water or filtered water can transform your health. However, alkaline water has profound long-term effects because it alkalizes your body and provides an effective antioxidant.”*